

Women And Addiction

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First-time director Jessica Earnshaw takes viewers inside Maine Correctional Center, where 26-year-old Jacinta and her mother, 46-year-old Rosemary, are incarcerated together, in “ Jacinta. ” An ...

Trailer Watch: “ Jacinta ” Explores Intergenerational Trauma and Addiction

Right now, we're celebrating America Strong stories from right here in our own community. One inspiring story comes from the Union Gospel Mission- Anna Ogden Hall.

America Strong: Women overcoming addiction train for a half-marathon

Thanks to the community support of our launch in June, we will be upgrading the Tallahassee house from a transitional housing program into a 9-12 month full recovery program starting Oct. 1. This ...

Humble House Ministries upgrades its addiction recovery program starting Oct. 1

A local organization broke ground Friday on a home that will help those on the road to recovery. The Jackie Nitschke Center is adding the Lyndahl Recovery Home for Women to its campus. The sober ...

Jackie Nitschke Center breaks ground on new sober living house for women

I didn ' t think I would make it to 30 honestly. I was so close to death on a daily basis, ” said Brittany Contreras, an addiction survivor.

National Recovery Month: Addiction survivors share their stories

September is Addiction and Recovery Month, and throughout the month, 2 Cares for the Community is focusing on why the stigma surrounding substance abuse is lifting as well as the recovery help that's ...

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Stigma surrounding addiction and recovery is lifting

Samuel Little died last year at age 80 while serving three consecutive life-without-parole sentences for the deaths of three women in the late 1980s — but he had confessed to 93 other killings between ...

Woman believed to be victim of Samuel Little, nation's most prolific serial killer, identified

A local addiction and recovery center has seen a significant jump in the need for treatment and support services during the COVID-19 pandemic. It's a gap leaders hope to fill with a new recovery home.

Jackie Nitschke Center works to meet increased need for addiction services with new recovery home

Juliette Fay has tackled such diverse topics as the Golden Age of Hollywood and the Roaring Twenties and life as a young, newly widowed mother ...

The power of human connectedness: Juliette Fay's book takes on addiction and hope

After a couple of haunting Netflix shows, Mike Flanagan next tackles two things important to him – faith and sobriety – in the new 'Midnight Mass.' ...

'You guys believe all this?!': Netflix's spooky 'Midnight Mass' tackles religion, addiction

Gus Smyrnios talks about his girlfriend, Aimee Hall mentions her breakup, and more from the 'Pushing the Limits' episode of 'Floribama Shore.' ...

‘ Floribama Shore ’ Episode Recap: Gus Smyrnios ’ Girlfriend, Nilsa Prowant ’ s Engagement Story, and That Pesky Beer Phone

A spoken word poet and mother of three, Jacklyn Delgado was always inches away from getting her life on track. But her struggles with drug addiction and bipolar disorder— and inability to get the ...

Mom of woman stabbed to death in Harlem tried to save her from life of mental illness and drug abuse: ‘ I begged my daughter to stay in jail ’

The late actor Michael K. Williams, 54, who passed away on Labor Day of a suspected drug overdose, was very candid about his struggle with addiction as well ...

Mansfield woman reflects on addiction recovery initiative after late actor's recent death

Woman Shares Her Journey With Addiction And Recommends Carolina Pain & Wellness To Help Others Struggling. (WJW) – No winning ticket was sold for the Powerball jackpot drawn Wednesday night. That ...

Living Local Carolina: Woman Shares Her Journey With Addiction And Recommends Carolina Pain & Wellness To Help Others

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Struggling

In 'Bewilderness,' double-edged affection defines the relationship (or obsession) between friends Luce and Irene, who both struggle with opioids.

Durham Writer Karen Tucker ' s Debut Novel Takes a Hard Look at Love, Loss, and Addiction

Drug addiction has long been a battle on Staten Island. And the boxing world has done its part through the years to deter drug use, and will do so this Saturday when Battle To Knock Out Addiction III ...

The Gym Bag: Boxing matches to stop drug addiction, a winning soccer debut, ladies golf and more

The Mercy Center for Women is looking to receive some of the federal funding allotted to Erie County through the American Rescue Plan. The Mercy Center for Women is renovating the former Holy ...

Mercy Center for Women renovating former Holy Rosary School into two-bedroom apartments

Studies already have indicated alcohol consumption rose during the COVID-19 pandemic, especially among women, mostly attributed to stress. The dangers of disease — liver, heart, cancer — are higher ...

Marking Alcohol and Drug Addiction Recovery Month

Deborah Perry, 51, was jailed for 28 months ...

For many years, addiction research focused almost exclusively on men. Yet scientific awareness of sex and gender differences in substance use disorders has grown tremendously in recent decades. This volume brings together leading authorities to review the state of the science and identify key directions for research and clinical practice. Concise, focused chapters illuminate how biological and psychosocial factors influence the etiology and epidemiology of substance use disorders in women; their clinical presentation, course, and psychiatric comorbidities; treatment access; and treatment effectiveness. Prevalent substances of abuse are examined, as are issues facing special populations.

In our society, sex can easily become the price many women pay for love and the illusion of security. A woman who seeks a sense of personal power and an escape from pain may use sex and romance as a way to feel in control, just as an alcoholic uses alcohol; but sex never satisfies her longing for love and self-worth. In this wise and compassionate book, Charlotte Kasl shows women how they can learn to experience their sexuality as a source for love and positive power and sex as an expression that honors the soul as well as the body.

Filling a crucial need, this manual presents the Women's Recovery Group (WRG), an empirically supported treatment approach

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that emphasizes self-care and developing skills for relapse prevention and recovery. Grounded in cognitive-behavioral therapy, the WRG is designed for a broad population of women with alcohol and drug use disorders, regardless of their specific substance of abuse, age, or co-occurring disorders. Step-by-step intervention guidelines are accompanied by 80 reproducible clinical tools, including participant handouts, session outlines, bulletin board materials, and more. The large-size format facilitates photocopying; purchasers also get access to a Web page where they can download and print the reproducible materials.

Journalist Jenny Valentish takes a gendered look at drugs and alcohol, using her own story to light the way. Mining the expertise of 35 leading researchers, clinicians and psychiatrists, she explores the early predictors of addictive behaviour, such as trauma, temperament and impulsivity. Drawing on neuroscience, she explains why other self-destructive behaviours – such as eating disorders, compulsive buying and high-risk sex – are interchangeable with problematic substance use. From her childhood in suburban Slough to her chaotic formative years in the London music scene, we follow her journey to Australia, where she experiences firsthand treatment facilities and AA groups, and reflects whether or not they are meeting the needs of women. *Woman of Substances* is an insightful, rigorous and brutally honest read. In Australia it was nominated for a prestigious Walkley Book Award. 'Employing expert interviews and research, each rich personal episode is contextualised within the under-examined issue of women's substance abuse. Detailed, insightful and told with a feature writer's narrative flair' Bookseller and Publisher. 'Engages readers with storytelling while presenting scientific findings and theories in a way that is accessible to a broad audience' Broadsheet. 'Part monograph, part memoir, part Ginsbergian howl of outrage at a culture in which gender bias is a tenet. It is a work of compellingly articulate anger' The Australian. 'In straightforward, lively prose she relates even her darkest moments without self-pity or aggrandisement, and often with a streak of gallows humour, leading to more laugh-out-loud lines than you might expect' The Saturday Paper. 'We need books like this, and writers like Valentish, to give voice to our frustrations and concerns, to help legitimise and mobilise' Kill Your Darlings. 'Valentish's passion lies in exploring the underlying causes and their effects and, in the most female of ways, offering companionship and reassurance for her readers' The Monthly. 'Doesn't mince her words' Sydney Morning Herald.

Providing essential theoretical and practical guidelines for clinicians, educators, policymakers, and public health professionals, *The Handbook of Addiction Treatment for Women* is a comprehensive resource of the most current research and knowledge from recognized experts in the field of addiction and treatment. This much needed guide offers an historical context on the issue of women and addiction, examines the myriad challenges of the female addict, and includes recommendations for choosing a course of treatment that will meet the specific needs of an individual woman addict.

Women, Girls, and Addiction is the first book on the efficacy of treatment approaches and interventions that are tailored to working with addicted women, and the first publication of any kind to provide a feminist approach to understanding the experience of addiction from the female perspective. Part I of the book provides an overview of feminist theory and addiction

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counseling, followed by an historical look at women and addiction (research, treatment, demographics). The three chapters in part two give an in-depth look at the biological, psychological, and social factors of the experience of addiction as unique in women. The final section of the book presents a series of chapters spanning the lifespan, which each feature age-specific special issues, treatment strategies, interventions, and commonly encountered topics in therapy with the population.

Recognizing that men and women have different patterns and different needs, the book emphasizes the relational model of female psychological development formulated by such theorists as Miller, Chodorow, and Gilligan, which illuminates women's functional focus on connection and relationship as opposed to men's on separation and individuation.

Women and girls are now becoming addicted at greater rates than ever before, and until very recently women in recovery were dependent on treatment models based solely on work with men. Harvard addiction and trauma expert Lisa M. Najavits offers this step-by-step program to help women overcome the often-overlooked problems associated with their drug and alcohol addictions, such as body image, trauma and violence, relationships, stress, and thrill-seeking. She explores how women differ from men in their addiction and recovery, and adapts this information to help you embark on your journey to healing. A chapter on co-occurring emotional problems allows you to evaluate whether you have any of the key disorders common among women with addiction, such as depression, post-traumatic stress, eating disorders, or phobias. With this strengths-building workbook, begin to come to terms with your personal addiction story. Healing exercises in four areas--feelings, beliefs, action, and relationships--help women build self-respect. Exercises include "Listen to That Small Quiet Voice," "Extreme Self-Care," "Self-Soothing," "Become Friends with Women," "Rethink," "Take Charge," "Share Responsibility," and "Mourn." In addition to these exercises and techniques, the book offers valuable resources of recovery support information.

This work uncovers the history of women and addiction in America and how dependent women have been treated. The author is critical of doctors who have often been quick to prescribe narcotics to female patients.

Having an addiction can follow the path of a great relationship that goes sour: there ' s the first blush of romance, the seduction (" you know you want to "), and the downward spiral into either obsession or breaking free. Jill Talbot is no stranger to addiction. Part autobiography, part expos é , *Loaded: Women and Addiction* weaves Talbot's own battles with addiction with various addiction stories of other women. The result is a captivating, honest look at the allure of addiction—be it to sex, drugs, alcohol, food, adventure, or infidelity—and ultimately its betrayal. Though addiction can be seductive, if you ' re waking up with guilt or making choices that harm others, it ' s probably a clue that things are out of control. Throughout *Loaded*, Talbot's razor-sharp honesty, heartbreaking self-awareness, and resolve to reveal the difficult truth of her relationship with past and present addictions is humbling and sometimes gut-wrenching. In sharing her struggles and her resolve to attain control over her addictions, Talbot speaks her truth while sending a message of hope to women everywhere.

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